

# *Upper Cataract Falls, Bloomington*

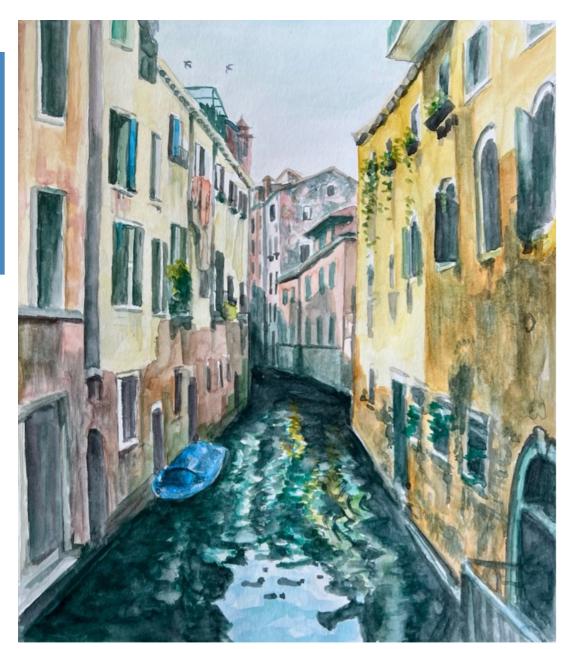
Oil Paint 8x10"

## Feature: Visual Art

Kathleen Ho, MS3 showcases her various artworks

Painted 'en plein air' (*in the field*) at one of my favorite Bloomington spots, this painting depicts a gentle waterfall. Despite the slow trickle of water, my focus was on the interplay of light through the droplets and the subtle hues of the surrounding limestone. It is a humble homage to the simple yet captivating beauty found in this peaceful corner of Bloomington.

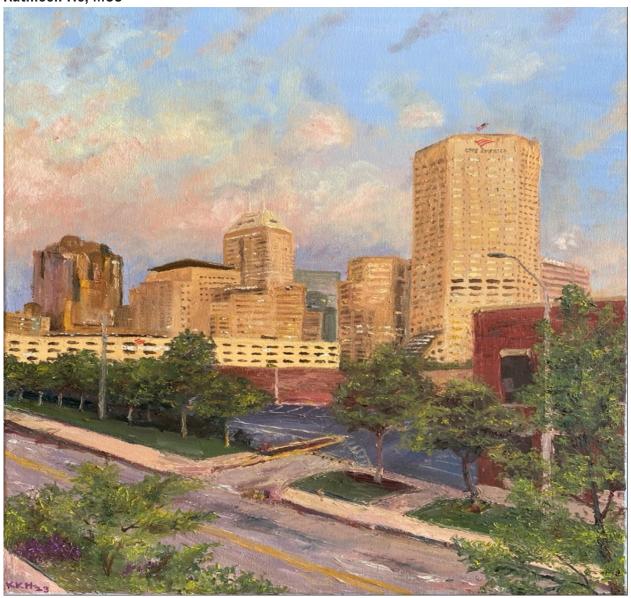
Venice, Italy Oil Paint 8x10"



Kathleen Ho, MS3

During my undergraduate studies, I had the privilege of studying abroad in Italy, delving into the world of Renaissance art and plein air painting. This marked the beginning of my journey in capturing life in real time paintings, creating artworks amidst bustling streets and passersby. The practice is challenging, demanding precision and concentration amid constant motion. This process, I believe similar to the practice of medicine, teaches the art of discerning what's essential in a situation, drawing parallels between the focused brushstrokes on canvas and the nuanced decisions in the field of medicine. This remains one of my favorite forms of art, simply enjoying the outdoors and connecting with the ever-changing scenes around me.

#### Kathleen Ho, MS3

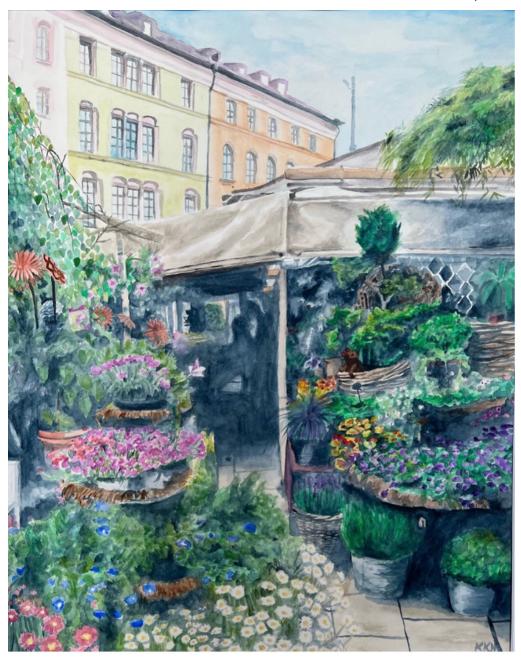


### Downtown Indianapolis

Oil Paint 18x24"

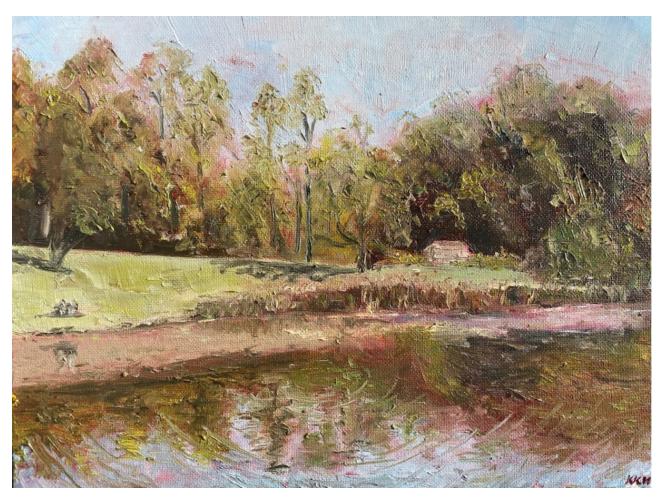
This painting aims to embrace the beauty of Indianapolis bathed in the warm hues of golden hour. The color palette was carefully selected to evoke a sense of comfort and warmth that this city holds in my heart. A visual tribute to the enchanting moments that make Indianapolis special to me.

#### Kathleen Ho, MS3



Flower Market
Oil Paint
18x24"

This plant market was visually stimulating and brought me joy and relaxation in painting. Trying to capture the vibrant colors and intricacies of the flower beds was both challenging and fun, adding to the overall enjoyment of the creative process.



Kathleen Ho, MS3

## Fort Harrison State Park, Indianapolis

Oil Paint 10x12"

I was fortunate to have some extra time during my 3rd year Psychiatry rotation to spend a half day painting at a local state park. This project provided me time to reflect on the difficult challenges and backgrounds witnessed of my patients during this rotation. The ripples in the calm water symbolize the ripple effect of our actions, a reminder of the interconnectedness of our experiences.