

# *From the Editor's Desk*

Dear readers,

It is difficult to step out into the world. As medical students, we are pulled into many different directions all at once, whether it be exams, clinical rotations, or personal relationships. There is often little time left in the day to allow our minds to explore.

*Insight* serves as a medium to showcase and celebrate the research excellence at IUSM. Within the pages of our inaugural issue, you will find works that investigate topics ranging across basic and clinical sciences, from colorectal cancer to domestic violence. Furthermore, we hope to kindle your curiosities with words from renowned physicians including physicians such as Drs. Lawrence Einhorn, Anantha Shekhar, Wade Clapp, Patrick Loehrer, Gary Dunnington, Mark Geraci, and Himanshu Shah. Such diversity of topics speaks to the power of research to touch upon and improve almost every aspect of our lives. Look around, and realize that there are so many questions around us that are deserving of our due diligence and scientific inquiry.

By highlighting the talented works of peers and faculty, our journal serves to inspire and ignite research interest early in medical education. Research is a way of pushing the folds of medicine—to contribute to advances that make a better future possible for patients. We hope that you, as future physicians and physician-scientists, will ask yourself, “What can I contribute today to make for a better tomorrow?” We should strive to carry the load forward, so that those who come after us may build upon our efforts.

We invite you to approach our inaugural issue with an open inquisitive mind and to pass forward the wisdom and knowledge that you will gain through medical school. Finally, we invite you to join the medical community at IUSM in the journey toward becoming physicians who strive to create a better future for our patients through compassionate care, scientific inquiry, and hunger for knowledge.

Sincerely,



**Monica Cheng**  
Editor in chief  
Class of 2021



**Honglin Xiao**  
Editor in chief  
Class of 2021